

## A MIDSUMMER NIGHT'S DREAM

Happiness and Joy Retreat in the Spirit of Shakespeare - Kreivilä 17.-19.7.2026

The gentle spirit and wisdom of Shakespeare's play A Midsummer Night's Dream has carried the questions of humanity since 1595. The wisdom of centuries leads participants on an inner journey into a world of timelessness and beauty towards deeper connection, awareness, joy of life and peace.

Do you want to be part of creating a Midsummer Night's Dream, where joy, happiness and presence come to life? To embark on a journey of discovery into your true self? To a moment where you don't need to become better - just remember Who you already are. Our retreat invites you in the spirit of Shakespeare through experiences, thinking and silence towards a deeper joy of life and inner freedom. In this unique retreat, poetry, silence and self-exploration intertwine. Roles and masks are allowed to relax, and joy of life, happiness and genuine connection take their place. Shakespeare's gentle spirit and wisdom lead participants on an inner journey where the heart is lightened and the mind is expanded. The retreat offers an opportunity to open the door to inner peace beyond the ego mind and find a connection to what is permanent and true.

Kreivilä is not just a place – it is a quiet stage where the magic of A Midsummer Night's Dream can happen. Kreivilä is located 130 km from Helsinki, 100 km from Turku and 70 km from Tampere on a plot of land dating back to the early 16th century. The old manor house dates back to the 1860s. Kreivilä's famous vegetarian kitchen has received much admiration. The food is made on site and partly from ingredients from the estate's own vegetable garden. The lush nature of midsummer is at its best in July. Also the peaceful swimming spot of the adjacent Matku Lake with its lakeside saunas.

A three-act retreat opens in Kreivilä, where the joy of life and happiness run like a red thread through everything. Sampsia leads participants into deep gentle meditations and a circle of Shakespeare's candles, where for a moment the characters of A Midsummer Night's Dream come to life in us, as well as the poetic paths of A Course in Miracles, where the heart finds new lightness and the mind becomes clearer.

Jussi leads and guides participants into self-examination, while Jukka opens up about the role of thinking in insights, clarity, freedom and happiness.

Jussi's performance The Nomad's Wake is also the Finnish premiere of the performance and beautifully brings the bodily and ritual dimension to our core summer journey.

Shakespeare's A Midsummer Night's Dream comes to life in a circle of candles - we read excerpts from the play, experiencing the roles and their meanings. There is no need to be tense about the part - everyone has a small moment in the circle safely behind the masks. When the roles and masks loosen, the magic of letting go of them leads to the path of liberation, towards connection, insights, light and joy.

The movie night opens up even more of the spiritual background of the play: when the delusions of the ego melt and the delusions of illusions evaporate, the heart finds its lightness and true love can shine.

The paths of the garden of the day of judgment lead you once again to the magic and wonders of the play. When you peek behind the leaves, you will notice how each step tells a new story - about you. Self-examination is based on the questions we ask ourselves. Often the questions are more important than the answers, because our own beliefs are what so many of us are stuck in. Letting go and opening up expands understanding beyond our own worries and sorrows, to the depth where we can experience peace and happy being. This way we can see that happiness has never been outside of ourselves, even though we have sought it there. This realization is not an idea – it must be experienced. Silence speaks to the heart and unites us in unity. You will experience the inner peace created jointly in the spirit of Shakespeare in the midst of the peace of Kreivilä's halls, gardens, forest paths, and lake shores.

Silence, discussions, and a jointly created experience under the guidance of three complementary leaders ultimately weave a deep peace of presence. Life feels more playful, meaningful, and alive.

The price is a full-board package, including breakfast, lunch, dinner, and a rich program with 3 leaders for only €420/person. Kreivilä offers accommodations in rooms for 1–4 people. Additional charge of €40-60 for a single room. Participants bring their own detergents, sheets, and towels. A sheet + towel package can be rented for 25 €/package if needed.

Kreivilä serves tasty homemade vegetarian food. Bringing alcohol into the area is prohibited. Due to the organizers' commitments, the participation fee cannot be refunded for cancellations after 8.7.26. The retreat will take place in a small group so that everyone has room to be, meet and breathe.

Our Midsummer Night's Dream - Happiness and Joy of Life retreat invites you to explore being and thinking gently, experientially and practically - towards a deeper connection with yourself and life. Midsummer Night's Dream does not promise answers - it invites you to remember.

You are warmly welcome to join us! Register

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PROGRAM  - three perspectives, three voices - one common journey

**FRIDAY 17.7.26 10.00** Gathering and accommodation

11.00 Welcome toasts  Opening of the retreat

11.40 Guided  happiness meditation (Sampsaa)

12.00 Coffee service 

13.00 Happiness and joy of life  The poetic path of the Course of Miracles, where the mind remembers who it is (Sampsaa)

14.00 Self-examination, from understanding to experience, theory, research and practice  (Jussi)

15.00 The role of thinking  in self-examination, opening up - freedom from beliefs (Jukka)

16.00 Meals 

17.00 Free time 

18.00 Candlelight circle  - Gentle introduction to Shakespeare's A Midsummer Night's Dream  play: the magic of roles behind the masks, the path of liberation to light, joy and connection (Sampsaa)

19.00 Evening 2h  movie: Shakespeare's A Midsummer Night's Dream

21.00 Evening snack  and sharing of experiences.

**SATURDAY 18.7.26**

8.00 Breakfast 

9.30 Love and silence meditation (Sampsaa)

10.00 The role of thinking  in self-exploration, expansion - am I one or part of something wider and greater (Jukka)

11.00 Free time 

12.00 Lunch 

13.00 Finnish premiere of the audiovisual performance The Nomad's Wake at the Kreivilä auditorium. Ritual and physical performance - a journey at the interfaces of movement, presence and meaning (Jussi)

14.00 Free time

15.00 Through Shakespeare's eyes - logical levels (Robert Dilts) as a stage where identity, meaning and purpose meet  (Sampsaa)

16.00 Dinner 

17.00 Sauna and swimming 🌞 at Matkujärvi

19.00 The role of thinking 🏛 in self-exploration, immersion - meditation: inner dialogue (Jukk)

The discussion continues with an evening meal 🍴 in the peace of the beach cottage.

SUNDAY 19.7.26

08.00 Breakfast 🍞

09.00 Nature's mysteries, a journey on the path of silence and discovery in Kreivilä's 🌟 garden (Sampsia)

10.00 The role of thought in self-exploration, summary (Jukka)

11.00 Ancient 🙏 prayer practices - sound, movement and resonance, the common language of the body and silence (Jussi)

12.00 Retreat closing lunch 🍽

13.15 The gentle embrace of silence - deep relaxation and meditative 🧘 journey (Sampsia)

14.00 Retreat closing and 🌸 summary - a moment of thanksgiving and reflection, shared wisdom.

The retreat is guided by three complementary perspectives: silence of the heart, understanding of thought and bodily experience.

LEADERS



## JUSSI PENTTINEN

I am Jussi Penttinens, a spiritual seeker and artist. The most important question on my own path has been: who am I? Sri Ramana Maharshi brought to our time the practice of self-investigation, which can be considered the core message of Advaita Vedanta in condensed form. In self-investigation, we direct conscious and attentive attention to who or what this "I" is and where it comes from. In the retreat, I also want to highlight the Aramaic prayer meditation and its practical and experiential meaning. In addition, I will present the Finnish premiere of the audiovisual performance The Nomad's Wake, which forms a cross-section of musical production and different stages of my spiritual path over the decades.

Jussi Penttinens, spiritual seeker, artist and painter [itestutkimus@gmail.com](mailto:itestutkimus@gmail.com)

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## JUKKA KORHONEN

On a life level, I aim to neutrally explore the dynamics between thinking, body and consciousness. In recent years, this research has become more than a way of life, where nonverbal communication, body reflexes, Chinese medicine and Jung's depth psychology are topics through which I have sought to expand my own understanding of what or what kind of reality is. As part of this exploration, I have created various listening and videos that have helped me identify the assumptions behind thinking, dismantle imperceptible internal structures and open a more direct connection to my own experience - through the body, observation and silence. In my hobbies, I am an avid cyclist, I enjoy moving in nature, traveling and exploring different ancient cultures. Nature and movement also serve as support surfaces for self-exploration for me: spaces where thinking settles and experiential clarity can arise naturally.

Jukka Korhonen, neutral researcher of life

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## SAMPSA KORHONEN

I am a mental coaching professional and a long-time inner growth instructor. For over 30 years, the core of my work has been supporting the growth of consciousness. Bringing out presence and inner peace beyond the analysis of the ego mind and the burden of the mind. All methods are tools that help to root oneself in the moment and face the truth. It calls forth the calmness and silence that is already present in everyone. I have been organizing holistic trainings, courses and events for decades. I also lead meditative Eckhart Tolle Local Silent Group events.

In the Midsummer Night's Dream retreat, we create a space together where the growth of consciousness, peace and silence can manifest and change life from within. In the candlelight circle on Friday, the roles of Shakespeare's play come to life for a moment. In my Saturday session, we reflect on the beautiful message of A Course in Miracles and its contribution to the joy of life, forgiveness, love and happiness. In the spirit of Shakespeare, we will also go through the deepest teachings of Robert Dilts (NLP). On Sunday, I will lead a love meditation and answer questions about the search for treasures in an old garden. Our retreat is suitable for everyone and no previous experience is necessary. Everyone can find their own gentle path to new inner insights. Together we create A Midsummer Night's Dream, where joy, happiness and presence come to life. You are warmly welcome to be a part of this!

Sampsak Korhonen, a companion to the growth of consciousness

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